

STORAGE RECOMMENDATIONS AND SHELF LIFE

Shelf-life Frozen: 180 days Max Temp: 0°F

suggested -10°F

Shelf-life Thawed: 6 days Max Temp: 70°F suggested 65°F

ALLERGENS:

Wheat, Egg, Milk

Fireking artisan breads are hand crafted and unique to any other bread products in the market. There will be natural variation amongst the product but we strive to be within the tolerance specification while maintaining the artisanal touch.

Nutrition Facts

8 servings per container Serving size	2 oz (57g)
Amount per serving Calories	130
% Daily Value *	
Total Fat 4g	5%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9 %
Total Carbohydrate 21g	8%
Dietary Fiber 1g	3%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.4mg	8%
Potassium 50mg	2%
Vitamin A 0mcg	0%
Vitamin C 1mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 •	Protein 4

INGREDIENTS: Wheat Flour Enriched ([Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Malted Barley Flour), Water, Onions, Extra Virgin Olive Oil, Fresh Garlic, Canola Oil, Salt, Sugar, Yeast, Dough Conditioner [Enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, ascorbic acid, enzymes], Cultured Wheat Flour, Dough Conditioner (Enriched Wheat Flour, Diacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Enzymes), Calcium Propionate, Whole Fresh Eggs, Milk Solids (Nonfat Dry Milk, Whey Solids)

Contains: egg, milk, wheat

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